



Oral and Facial

- SURGERY CENTER OF DICKSON -

Fasting and Medication Instructions

General Anesthesia & Monitored Anesthesia Care w/Sedation

These are general guidelines and should be followed unless instructed otherwise by facility clinical staff or Anesthesia Staff.

Failure to follow these guidelines can result in **serious injury or death**. For the safety of all of our patients, the following guidelines must be followed.

Morning Procedures;

***Nothing to Eat or Drink after midnight**. This includes mints, chewing gum, hard candies, etc. Failure to follow these instructions will result in delay or cancellation of your procedure.

*May brush teeth and rinse.

*May take morning medications with sip of water, prior to 6:00 AM.

***DO NOT** take Insulin or Oral Diabetic Medications

Afternoon Procedures;

***Nothing to Eat after midnight**.

*We encourage clear liquids – water, juice (no pulp in juice), soda (Sprite), Gatorade, black coffee (**no cream**), etc. – prior to 9:00 AM, then **nothing by mouth** (this includes mints, chewing gum, hard candies, etc). Failure to follow these instructions will result in delay or cancellation of your procedure.

*May take prescription morning medications with sip of water, prior to 10:00 AM.

***DO NOT** take Insulin or Oral Diabetic Medications, unless instructed otherwise.

Note: Should you deviate from these general instructions your surgery may be postponed or rescheduled. If you have questions or concerns do not hesitate to call the facility clinical staff @ 615-441-9514